



Baltic Beach Hotel & SPA



SPA MENU

Health – the most expensive luxury ...

LUXURY MEDICAL SPA

MEDICAL PROCEDURES

Rehabilitation doctor's consultation with preparation individual program		39 €
Physiotherapist's consultation with the preparation of an individual program		39 €
Exercise therapy with a physiotherapist		36 €

Medical manipulations

Intramuscular injection		10 €
Intravenous injection		15 €
Intravenous system		30 €

Physical therapy

StimaWell	30 min	39 €
Functional Magnetic Stimulation (FMS) (1 area)	15 min	15 €
Magnetic capsule		15 €
Ultrasonic		10 €
Laser		10 €
Electrostimulation		10 €

MASSAGES

Classic massages

Back massage	30 min	49 €
Classic massage (medium)	60 min	79 €
Intense massage (deep)	60 min	89 €
Lymphatic drainage massage	60 min	79 €
Segmental massage	60 min	79 €
Reflex foot massage	60 min	79 €
Massage for expectant mothers	60 min	79 €

Peeling massage

Thalasso / Imperial / Organic *	30 min	49 €
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Exclusive massages

"Harmony" – warm oil massage	60 min	89 €
"Golden Orchid" – massage with 24k gold	60 min	89 €
"Mountain Lavander" – massage with sea salt and lavender flower bags	60 min	89 €
"Hot Candle" – massage with melted candle	60 min	89 €
"La Stone" – massage with warm volcanic stones	60 min	89 €
"Emperor's Massage" – a combination of eastern and western massage techniques	60 min	89 €
"Himalayan Massage" – a massage with warm Himalayan salt stones	60 min	89 €

Exotic massages

Thai massage (classis / relaxing with oil)	60 min	89 €
Thai ritual "Paradise Delight"	90 min	138 €
Thai ritual "Paradise Delight"	120 min	178 €
Chinese massage "Gua-sha"	60 min	99 €
Indian massage "Ayurveda" (tradicional Ayurvedic massage)	60 min	89 €
Indian massage "Relax" (with warm sesame oil)	60 min	89 €

Indian massage "Sculpture 3D" (lifting effect with modeling cream)	60 min	99 €
Bali massage	60 min	89 €

Apparatus massages

Liposculpture – electrode myostimulation	60 min	39 €
Presso lymphatic drainage – lymphatic drainage of the apparatus	40 min	39 €
Modeling wrap "Corset"	1 pc	35 €
EMSculptor – high intensity myostimulation	60 min	79 €
Starvac – vacuum roller massage	60 min	79 €
Icoone – vacuum massage with laser technology (body / face)	60 min	79 €
Monaco – microstimulation cryomassage (body / face)	60 min	79 €

HYDROTHERAPY

Therapeutic ozone bath Thalasso / Imperial / Organic*	30 min	39 €
Medical pearl bath	30 min	39 €
Charcot shower	20 min	39 €
Classic vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
Vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
SPA program with underwater massage Thalasso / Imperial / Organic*	60 min	99 €
SPA program with underwater massage Thalasso / Imperial / Organic*	90 min	139 €

CLIMATE THERAPY

Oxygen cocktail with juice (apple / pineapple / grape)		5 €
Salt Room for adults	60 min	15 €
Oxygen chamber with ionized sea air	15 min	39 €
Cryocapsule (chilled nitrogen (-110°C / -160°C))	1-3 min	39 €
Ozone capsule (O3 – reactive oxygen)	30 min	39 €
SPA capsule "Sunspectra" (light therapy, thermotherapy, vibration)	40 min	39 €

MUD TREATMENTS AND WRAPS

Mud applications "Këmeri"

Problem areas	30 min	35 €
Half of the body	30 min	45 €
Whole body	30 min	55 €
Ozokerite applications "Mountain Wax" (1 area)	30 min	25 €
Water bed "Zero Gravity"	40 min	39 €
Mud wrap on a water bed (peat / sapropel / marine / volcanic)	40 min	59 €
Medical wrap on the water bed (clay / tar / naftalan / algae)	40 min	59 €
Cosmetic wrap on the water bed	40 min	59 €
Thalasso / Imperial / Organic*		

Laminaria De Lux

Problem areas	40 min	79 €
Full body	40 min	99 €

SPA program "The Pure Source"

Garshan, turpentine bath, turpentine wrap, oxygen inhalation, 105 min 139 €
cleansing enema "Basti"(herbal decoction, honey, sea salt,
Ayurvedic oil)

SPA program "Vacuslim" 60 min 99 €

SAUNAS AND POOLS

SPA ritual "Harmony" 60 min 99 €

Peeling massage with natural cotton powder
Ozone bath 38°C
Cosmetic body wrap (water bed "0 gravity") based on natural silk protein

SPA ritual "Euphoria"

Reflexology massage for legs and feet up to the knee 60 min 89 €
Reflexology massage for legs and feet 90 min 138 €

SPA ritual "Marrakech" 60 min 99 €

Massage with black eucalyptus soap 25 min
Soap wrap 5 min
Massage with a Kessa glove using natural seawater 15 min
Detoxification session using soapy foam in the sauna "Hammam" 15 min

SPA ritual "Hammam" 60 min 99 €

Body warming in the Turkish bath Hamam 10 min
Cosmetic peeling massage with a Kessa glove on a warm marble table 25 min
Cosmetic full-body massage in a cloud of airy white soap foam and
a ritual with hot water cups on a warm marble table 25 min

SPA ritual "The Garden" 120 min 69 €

Visit the complex "The Garden" I-V no 9:00-15:00
Soap foam in the Turkish sauna "Hammam"
Clay mask in the aroma sauna „Rasul“

SPA ritual "The Garden LUX" 120 min 99 €

Visit to the complex "The Garden" I-VII Soap foam in the Turkish sauna "Hammam"
Peeling massage 15 min Clay mask in the aroma sauna "Rasul"

SPA ritual "The Garden Voyage" 120 min 99 €

Visit to the complex "The Garden" I-VII Clay mask in the aroma sauna "Rasul"
Soap foam in the Turkish sauna "Hammam" A lunch in a restaurant with a sea view

Sauna ritual VIP 120 min 99 €

Visit to the complex I-VII Aroma room "Barn"
Rubbing with lemon and honey Sauna treats
Sauna whisking ritual 15 min

SPA Voyage "Sauna Ritual" 120 min 99 €

Visit to the complex I-VII Sauna treats
Sauna whisking ritual 15 min A lunch in a restaurant with a sea view
Aroma room "Barn"

Sauna ritual "Royal" 180 min 149 €

Visit to the complex "The Banja" I-VII Aroma room "Barn"
Rubbing with lemon and honey Massage on a warm marble table 15 min
Sauna whisking ritual 15 min Sauna treats

BEAUTY CARE FOR FACE AND BODY

Beautician consultation and preparation of an individual program		39 €
Face and décolleté massage (classical / hiromassage / Japanese)	60 min	89 €
Cosmetic apparatus procedures for face (Hydrofacial & Mask / OxyGeneo & Mask / Mezo buster / Snow queen / New Look)	75 min	125 €
Cosmetic procedures for face (Biologique Recherche/ Valmont / Sothys / Menard / Germaine de capuccini)	75 min	125 €
Cosmetic invasive facial procedures		
Biorevitalization (1 ampoule)		200 €
Depilation with hot wax "Lycón"		
Face (one area)		10 €
Body (one area)		15 €
Bikini		40 €
Manicure / Pedicure		
Classic manicure		35 €
Classic pedicure		50 €
Gel polish applying		15 €
Solarium		
Solarium visit	5 min	5 €
Solarium visit (1 month)	60 min	35 €
Solarium visit (3 months)	60 min	45 €

KIDS SPA

SPA offers for children aged 3 to 12 years

Oxygen cocktail (apple / pineapple / grape)		5 €
Salt room visit for children	30 min	10 €
Pearl bath for children	15 min	39 €
Mud applications for children "The boots"	15 min	15 €
Visit to the "Sea Wellness" complex for kids I-V	120 min	15 €
Visit to the "Sea Wellness" complex for kids VI-VII	120 min	20 €
Visit to "The Garden" complex for children	120 min	32 €
Massage for children	30 min	49 €
Manicure for kids	30 min	25 €

**Thalasso – products of sea are used (algae, sea salt, corals)*

**Imperial - used products containing components of precious stones and precious metals (silver, gold, amber, pearls, diamonds, etc.)*

**Organica- natural products are used (camel's milk, goat's milk, chocolate, coffee, aloe, rose, lavender, etc.)*



Latvia's
Best Hotel Spa

Baltic Beach Hotel & SPA keeps the right to change price and content of the offer.
Please specify the price before the reservation.

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