



Baltic Beach Hotel & SPA



SPA MENU

Health – the most expensive luxury ...

LUXURY MEDICAL SPA

MEDICAL PROCEDURES

Rehabilitation doctor's consultation with preparation individual program		39 €
Physiotherapist's consultation with the preparation of an individual program		39 €
Exercise therapy with a physiotherapist		36 €

Medical manipulations

Intramuscular injection		10 €
Intravenous injection		15 €
Intravenous system		30 €

Physical therapy

StimaWell	30 min	39 €
Functional Magnetic Stimulation (FMS) (1 area)	15 min	15 €
Magnetic capsule		15 €
Ultrasonic		10 €
Laser		10 €
Electrostimulation		10 €

MASSAGES

Classic massages

Back massage	30 min	49 €
Classic massage (medium)	60 min	79 €
Intense massage (deep)	60 min	89 €
Lymphatic drainage massage	60 min	79 €
Segmental massage	60 min	79 €
Reflex foot massage	60 min	79 €
Massage for expectant mothers	60 min	79 €

Peeling massage

Thalasso / Imperial / Organic *	30 min	49 €
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Exclusive massages

"Harmony" – warm oil massage	60 min	89 €
"Golden Orchid" – massage with 24k gold	60 min	89 €
"Mountain Lavander" – massage with sea salt and lavender flower bags	60 min	89 €
"Hot Candle" – massage with melted candle	60 min	89 €
"La Stone" – massage with warm volcanic stones	60 min	89 €
"Emperor's Massage" – a combination of eastern and western massage techniques	60 min	89 €
"Himalayan Massage" – a massage with warm Himalayan salt stones	60 min	89 €

Exotic massages

Thai massage (classis / relaxing with oil)	60 min	89 €
Thai ritual "Paradise Delight"	90 min	138 €
Thai ritual "Paradise Delight"	120 min	178 €
Chinese massage "Gua-sha"	60 min	99 €
Indian massage "Ayurveda" (tradicional Ayurvedic massage)	60 min	89 €
Indian massage "Relax" (with warm sesame oil)	60 min	89 €

Indian massage "Sculpture 3D" (lifting effect with modeling cream)	60 min	99 €
Bali massage	60 min	89 €
Apparatus massages		
Liposculpture – electrode myostimulation	60 min	39 €
Presso lymphatic drainage – lymphatic drainage of the apparatus	40 min	39 €
Modeling wrap "Corset"	1 pc	35 €
EMSculptor – high intensity myostimulation	60 min	79 €
Starvac – vacuum roller massage	60 min	79 €
Icoone – vacuum massage with laser technology (body / face)	60 min	79 €
Monaco – microstimulation cryomassage (body / face)	60 min	79 €

HYDROTHERAPY

Therapeutic ozone bath Thalasso / Imperial / Organic*	30 min	39 €
Medical pearl bath	30 min	39 €
Charcot shower	20 min	39 €
Classic vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
Vacuum massage	40 min	59 €
Extra can be added micronized algae powder		15 €
SPA program with underwater massage Thalasso / Imperial / Organic*	60 min	99 €
SPA program with underwater massage Thalasso / Imperial / Organic*	90 min	139 €

CLIMATE THERAPY

Oxygen cocktail with juice (apple / pineapple / grape)		5 €
Carbonic capsule "Reabox" (carboxytherapy)	15 min	15 €
Salt Room for adults	60 min	15 €
Oxygen chamber with ionized sea air	15 min	39 €
Cryocapsule (chilled nitrogen (-110°C / -160°C))	1-3 min	39 €
Ozone capsule (O3 – reactive oxygen)	30 min	39 €
SPA capsule "Sunspectra" (light therapy, thermotherapy, vibration)	40 min	39 €

MUD TREATMENTS AND WRAPS

Mud applications "Kemerli"

Problem areas	30 min	35 €
Half of the body	30 min	45 €
Whole body	30 min	55 €
Ozokerite applications "Mountain Wax" (1 area)	30 min	25 €
Water bed "Zero Gravity"	40 min	39 €
Mud wrap on a water bed (peat / sapropel / marine / volcanic)	40 min	59 €
Medical wrap on the water bed (clay / tar / naftalan / algae)	40 min	59 €
Cosmetic wrap on the water bed Thalasso / Imperial / Organic*	40 min	59 €

Laminaria De Lux

Problem areas	40 min	79 €
Full body	40 min	99 €

SPA program "The Pure Source"

Garshan, turpentine bath, turpentine wrap, oxygen inhalation	90 min	99 €
Extra – cleansing enema "Basti" (herbal decoction, honey, sea salt, Ayurvedic oil)	15 min	15 €
SPA program "Vacuslim"	60 min	99 €

SAUNAS AND POOLS

SPA ritual "Harmony" 60 min 99 €

Peeling massage with natural cotton powder
Ozone bath 38°C
Cosmetic body wrap (water bed "0 gravity") based on natural silk protein

SPA ritual "Euphoria"

Reflexology massage for legs and feet up to the knee 60 min 89 €
Reflexology massage for legs and feet 90 min 138 €

SPA ritual "Marrakech" 60 min 99 €

Massage with black eucalyptus soap 25 min
Soap wrap 5 min
Massage with a Kessa glove using natural seawater 15 min
Detoxification session using soapy foam in the sauna "Hammam" 15 min

SPA ritual "Hammam" 60 min 99 €

Body warming in the Turkish bath Hamam 10 min
Cosmetic peeling massage with a Kessa glove on a warm marble table 25 min
Cosmetic full-body massage in a cloud of airy white soap foam and
a ritual with hot water cups on a warm marble table 25 min

SPA ritual "The Garden" 120 min 69 €

Visit the complex "The Garden" I–V no 9:00–15:00
Soap foam in the Turkish sauna "Hammam"
Clay mask in the aroma sauna „Rasul“

SPA ritual "The Garden LUX" 120 min 99 €

Visit to the complex "The Garden" I–VII
Peeling massage 15 min
Soap foam in the Turkish sauna "Hammam"
Clay mask in the aroma sauna "Rasul"

SPA ritual "The Garden Voyage" 120 min 99 €

Visit to the complex "The Garden" I–VII
Soap foam in the Turkish sauna "Hammam"
Clay mask in the aroma sauna "Rasul"
A lunch in a restaurant with a sea view

Sauna ritual VIP 120 min 99 €

Visit to the complex I–VII
Rubbing with lemon and honey
Sauna whisking ritual 15 min
Aroma room "Barn"
Sauna treats

SPA Voyage "Sauna Ritual" 120 min 99 €

Visit to the complex I–VII
Sauna whisking ritual 15 min
Aroma room "Barn"
Sauna treats
A lunch in a restaurant with a sea view

Sauna ritual "Royal" 180 min 149 €

Visit to the complex "The Banja" I–VII
Rubbing with lemon and honey
Sauna whisking ritual 15 min
Aroma room "Barn"
Massage on a warm marble table 15 min
Sauna treats

BEAUTY CARE FOR FACE AND BODY

Beautician consultation and preparation of an individual program		39 €
Face and décolleté massage (classical / hiromassage / Japanese)	60 min	89 €
Cosmetic apparatus procedures for face (Hydrofacial & Mask / OxyGeneo & Mask / Mezo buster / Snow queen / New Look)	75 min	125 €
Cosmetic procedures for face (Biologique Recherche/ Valmont / Sothys / Menard / Germaine de capuccini)	75 min	125 €
Cosmetic invasive facial procedures		
Biorevitalization (1 ampoule)		200 €
Depilation with hot wax "Lycón"		
Face (one area)		10 €
Body (one area)		15 €
Bikini		40 €
Manicure / Pedicure		
Classic manicure		35 €
Classic pedicure		50 €
Gel polish applying		15 €
Solarium		
Solarium visit	5 min	5 €
Solarium visit (1 month)	60 min	35 €
Solarium visit (3 months)	60 min	45 €

KIDS SPA

SPA offers for children aged 3 to 12 years

Oxygen cocktail (apple / pineapple / grape)		5 €
Salt room visit for children	30 min	10 €
Pearl bath for children	15 min	39 €
Mud applications for children "The boots"	15 min	15 €
Visit to the "Sea Wellness" complex for kids I-V	120 min	15 €
Visit to the "Sea Wellness" complex for kids VI-VII	120 min	20 €
Visit to "The Garden" complex for children	120 min	32 €
Massage for children	30 min	49 €
Manicure for kids	30 min	25 €

**Thalasso – products of sea are used (algae, sea salt, corals)*

**Imperial - used products containing components of precious stones and precious metals (silver, gold, amber, pearls, diamonds, etc.)*

**Organica- natural products are used (camel's milk, goat's milk, chocolate, coffee, aloe, rose, lavender, etc.)*



Latvia's
Best Hotel Spa

Baltic Beach Hotel & SPA keeps the right to change price and content of the offer.
Please specify the price before the reservation.

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